

**Adopt-A-Trail  
Pre-Work Safety Checklist**

Group Name \_\_\_\_\_

Date: \_\_\_\_\_

Project Name: \_\_\_\_\_

Trail Name \_\_\_\_\_

**Please Check the items discussed at your tailgate safety meeting.**

**Proper Clothing**

If cutting or digging tools are used, volunteer should be wearing long pants and sturdy boots: \_\_\_\_\_

Gloves should be worn when handling sharp tools or sharp objects: \_\_\_\_\_

Hardhats will be worn when using a chainsaw or when objects are overhead: \_\_\_\_\_

**Tool Use**

Check tools for broken handles, chipped edges, and loose heads before use: \_\_\_\_\_

Never swing your tool above your head. Use short strokes, snapping your wrists: \_\_\_\_\_

Carry tools at your side, sharp edge down. Do not Carry tools on your shoulder: \_\_\_\_\_

Only certified persons may use chainsaws/crosscuts on Forest Service projects: \_\_\_\_\_

**Personal Safety Issues**

Carry and drink plenty of water, anytime of year: \_\_\_\_\_

Wear sunscreen and a hat, funny noses and glasses are optional: \_\_\_\_\_

Take frequent breaks, you are most likely not used to continuous heavy labor: \_\_\_\_\_

Use proper lifting techniques when lifting heavy objects. Don't lift if too heavy: \_\_\_\_\_

Work in groups, get help from others when needed (see above): \_\_\_\_\_

Communicate with others as you work, inform others if you are passing them: \_\_\_\_\_

Keep proper spacing, 10 feet is a good rule of thumb: \_\_\_\_\_

**Safety Suggestions From Your Group**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Names of Persons Attending Safety Meeting:**

_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

**Use Back of Sheet if Additional Space is Needed**